


**SATURDAY SEMINARS**  
**March 4, 2023**

	Bay Point, Pen Bay, Schooner & State of Maine Hall	Pool & Health Club	EBBTIDE ROOM	GOLF CLUB	MONHEGAN ROOM	FITNESS CENTER	ROCKLAND ROOM	ROCKPORT ROOM	CAMDEN ROOM		
9 - 10:15	TRADE SHOW EXHIBITS 8:30 am - 4 pm	8 am - 10 am CG WATER SURVIVAL TRAINING, WATER SAFETY AND EMERGENCY TRAINING (POOL)		Maine Lobster Boat Racing Assn. (MLBRA) 2023 Pre-Season Meeting	Free DERMATOLOGIST CANCER SCREENING 9:00 am - 11:00 am	DMR Landings and Licensing Staff Available for Assistance 9:00 am-3:00 pm FITNESS CENTER	Looking Back and Planning Ahead for Maine Scallop Industries	Working with Fishermen to Remove Lost and Abandoned Fishing Gear from the Gulf of Maine	Economics of the Lobster Fleet in Changing Times		
10:30-12		10 am - 9 pm Open Family Swim Hotel Guests Only 7 am - 9 pm Game Room		Alewife Harvesters' Annual Meeting			Seafood Cooking Demonstration: Amp Up Your Seafood Dishes	Maine DMR Lobster Science Update	Lessons Learned from the 2023 Northeast Cooperative Research Summit		
12 - 1 pm			<b>Free Health Care Screening</b> to include: Blood Pressure, Blood Glucose & Cholesterol Checks <b>9 am - 2 pm</b> *****	Maine Elver Fishermen's Assn. Annual Meeting							
1 - 2:30		12:00 - 2:00 pm Open Play Tumble Block 2:00 Movie "Brother Bear I" (2003) (G) 4:00 Life Size Hungry Hippo (Health Club)							Balancing Perspectives: Commercial Fishermen and the Aquaculture Leasing Process	Navigating Fishing Industry Stressors: A Community Forum	Fishing Industry-Based Environmental Data Collection in the Northeastern United States
2:45 - 4:30									Alternative to Plastic Aquaculture Gear	New Tech Meets an Old Challenge - Monitoring Stress Points in the Lobster Supply Chain	Understanding Injuries, Pain and Substance Use Among Shellfish and Lobster Harvesters in Downeast Maine
Evening				Fish & Chips and Chicken Tenders 5:30-6:00 Dessert Trail Mix Making 6:00-7 pm Paint Your Backpack 7:00-8:00 Kids Bingo (Monhegan Room)	Movie "Brother Bear II" (G) 8:00 pm (Monhegan Room)		5:30 - 6:30 Cash Bar 6:30 - ?? Banquet and Dinner Dance featuring Featuring: The Paul Houston Project for your Dancing Enjoyment!				